



AMERICAN
DELIRIUM
SOCIETY

THE 15TH ANNUAL American Delirium Society Conference

#ADS25NASH

Pioneering Minds and Navigating the Future of
Delirium Research and Practice

June 29 - July 1, 2025 Hilton Downtown | Nashville, Tennessee

Welcome

This year, join us for an elevated experience with a **3-DAY Conference Itinerary!** The ADS Annual Conference begins on Sunday, June 29th with half-day Workshops to service early learners, clinicians, educators, and even basic science, clinical and animal-model investigators

The Annual Conference will then officially kick off Sunday Afternoon with the Presidential Welcome from Dr. Mark Oldham followed by the ADS Presidential Panel bringing past ADS Presidents together to discuss how we work together to propel our research and clinical care to the next level. You don't want to miss this opportunity to immerse yourself in groundbreaking ideas and participate in a Q&A with ADS past presidents. Timely and high-yield presentations will be highlighted at the late afternoon thematic research snapshot sessions.

Finally, as Day 1 of the ADS Annual Conference comes to a close, you'll want to join us for a lively social event featuring delicious bites, refreshing drinks, and live music by the talented Aly Cutter band.

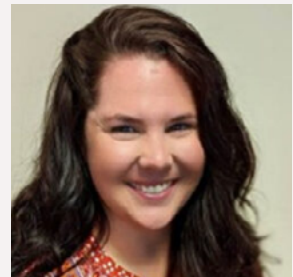
Hey, this is just the beginning!



Mark Oldham
2025 ADS President



Heidi Smith
2026 ADS President Elect



Alex Barry
2025 CPC Tri-Chair



Leanne Boehm
2025 CPC Tri-Chair



Stacey Williams
2025 CPC Tri-Chair

ADS 2025 Conference Planning Committee

C. Adrian Austin, Alex Barry, Ben Kalivas, Ben Palanca, Chris Waszynski, Clay Angel, Dana Bisson, Eli Engstrom, Heidi Smith, Josh Baker, Karen Sheppard, Kristen Brooks, Leanne Boehm, Malissa Mulkey, Mark Oldham, Sapina Kirpalani, Stacey Williams, Susan Vanston, Taylor McSpadden, Terri Ellison.



Hotel Accommodations

A block of rooms has been reserved at the Hilton Downtown Nashville, 121 4th Ave S, Nashville, TN. The room rate is \$299/night plus tax. These rates are limited so reserve your room today by [clicking here](#).

The deadline to book your hotel reservation is May 16, 2025!

Plenary Speakers



Dr. Shari Ling

Dr. Shari M. Ling is the Deputy Chief Medical Officer for the Centers for Medicare and Medicaid Services (CMS), and Medical Officer in the Center for Clinical Standards and Quality. She assists the CMS Chief Medical Officer in the Agency's pursuit of better health care, healthier populations, and smarter spending.



Dr. Wes Ely

Dr. Wes Ely, the Grant W. Liddle Chair in Medicine, is a sub specialist in Pulmonary and Critical Care Medicine who conducts patient-oriented, health services research as a Professor of Medicine in the Division of Allergy, Pulmonary, and Critical Care Medicine at Vanderbilt University Medical Center in Nashville, TN. He is also a practicing intensivist with a focus on Geriatric ICU Care, as the Associate Director for Research for the VA Tennessee Valley Geriatric Research and Education Clinical Center.



Dr. Donna Fick

Donna Marie Fick, PhD, RN, GCNS-BC, FAAN is a Distinguished Professor in The Pennsylvania State University College of Nursing, the Elouise Ross Eberly Endowed Professor of Nursing, and Director of the Center for Geriatric Nursing Excellence. Her area of research has focused on inappropriate medication use and delirium superimposed on dementia (DSD). She is nationally and internationally recognized as a leading expert in geriatric care and research.



Sunday Workshops 8:00am - 12:00pm

Basic Science Workshop

Suggested Attendees: Participants to have a basic knowledge of animal modeling and/or research.

The Basic Science Workshop is aimed at advancing delirium research by critically examining current animal models and identifying future research directions. Participants will explore the complexities of replicating delirium in animal studies, discussing challenges such as defining delirium and modeling different subtypes in animals, and developing appropriate behavioral and physiological markers. Key objectives include establishing research priorities, developing a shared language for delirium research, and exploring innovative approaches to better understand the mechanisms of delirium. The workshop will conclude with a panel discussion and Q&A session to synthesize insights and chart future research strategies in this critical field.

ADS-NIDUS Grant Writing Workshop

Suggested Attendees: Participants will submit a draft Specific Aims page prior to the conference that will serve as an educational template throughout the workshop.

The ADS-NIDUS Grant Writing Workshop aims to enhance the skills of delirium researchers at all career stages as they prepare proposals for federal, foundational, or other funding opportunities. This four-hour workshop, led by experienced delirium researchers, will incorporate a mix of short instructional lectures and mentored small group discussions. The focus will be primarily on the critical elements necessary to develop a strong aims page and ensure its alignment with the overall research proposal. Prior to the workshop, attendees will be required to submit a draft of their aims page, which will serve as an educational template throughout the session. More information will be provided soon.

Foundations of Delirium Assessment and Management

Suggested Attendees: Early learners and caregivers yearning to bolster their current understanding and clinical assessment skills or educators searching for opportunities to enhance resources for learners.

The Foundations of Delirium workshop is an immersive 4-hour journey through the complexities of delirium across the lifespan. Co-hosted by the American Delirium Society (ADS) and Vanderbilt University School of Nursing (VUSN), this workshop offers hands-on experience with realistic patient scenarios in settings such as the acute care/ICU, pediatrics, and long-term care. Participants will engage with various delirium assessment tools, enhancing their diagnostic acumen. The program also delves into the identification of delirium risk factors and equips healthcare professionals with robust management strategies.

Rising to the Next Level - Optimizing Interdisciplinary Delirium Care

Suggested Attendees: Learners, clinicians, educators with a solid foundation in delirium assessment wanting to advance their understanding of delirium assessment and management.

This next level workshop will elevate your baseline knowledge to incorporate interdisciplinary care and highlight non-pharmacologic strategies for the management of delirium. Goals include describing optimal strategies to assimilate patient assessment, communication and family engagement with multidisciplinary interventions. In this workshop, evidence-based interventions highlighting physical therapy and occupational therapy in addition to other non-pharmacologic strategies will be discussed. Furthermore, the beneficial outcomes of collaborative assessment and management of delirium will be demonstrated using case scenarios, video demonstrations and audience participation.

Sunday Social Event

One complimentary drink ticket, a cash bar with selection of beverages, and light appetizers to enjoy

American Delirium Society 2025 Social Event

\$40 ADS MEMBER / \$60 NON-MEMBER

ALY CUTTER BAND

HILTON HOTEL

Boone/Crockett Ballroom

SUNDAY • JUNE 29 • 7 PM

Monday Evening Gala Event

American Delirium Society 2025 GALA

Join us for an elegant evening of celebration and fundraising
at the *Country Music Hall of Fame!*

COCKTAIL RECEPTION | SILENT AUCTION
DINNER | PATIENT TESTIMONIALS

Featuring Dr. Wes Ely renowned author of
Every Deep Drawn Breath

JUNE 30 6:00 PM

TICKETS

\$150 ADS Members / \$175 Non-Members

**First 150 ticketed guests - museum tour included.*

Come together to honor the resilience of patients and families who have forged remarkable strategies to face the complex physical and mental challenges posed by acute and critical illness. Delirium is an under-recognized syndrome of brain dysfunction that is associated with severe long-term complications. The American Delirium Society is committed to collaborate with the community and healthcare organizations to raise awareness and foster support for future research and education to improve patient care.

Sessions & Faculty

Session Title	Faculty
Addressing Language and Cultural Disparities in Delirium Care: Innovative Research and Practical Clinical Solutions	<p>Moderators: Alasdair MacLulich, MRCP, PhD Babar Khan, MD, MS</p> <p>Faculty: Ana Lucia Fuentes, MD</p>
Advancing Delirium Education and Training Through Leveraging the New Centers for Medicare & Medicaid Services (CMS) Age-Friendly Hospital Measure	<p>Faculty: Caitlin Jones, MD Rachel Jantea, MD, MS Jantira Thomas, DO, MBA Renee Flores, MD, MHSA, EdD Min Ji Kwak, MD, MS, DrPH Maureen Beck, DNP, APRN, GNP-BC Ezenwa Onyema, MD, MS Faith Atai, MD</p>
Cognitive Disturbance in Delirium and the Risk of Post-intensive Care Syndrome (PICS)	<p>Moderator: Joe Bienvenu, MD, PhD</p> <p>Faculty: Ewa Bieber, MD Kemuel Philbrick, MD Julienne Jacobson, MD</p>
Cohorts and Conditions that Complicate Delirium Screening and Management – Let's Get Real	<p>Moderator: Heidi Smith, MD</p> <p>Faculty: Catherine Fuchs, MD Jo Ellen Wilson, MD Amanda Kolmar, MD Maalobeeka Gangopclelnyay, MD Kate Madden, MD</p>
Developing Nudges to Enhance Delirium Care Using the Agile Process	<p>Moderator: Erin Shadbolt, RN, BSN, MSN</p> <p>Faculty: Malaz Boustani, MD, MPH Mikita Fuchita, MD Heidi Lindroth, PhD, RN</p>
EEG Signatures of Delirium: Bridging Insights from Bench to Bedside	<p>Moderator: Shawniqua Roberson Williams, MEng, MD</p> <p>Faculty: Nadia Lunardi, MD, PhD Gen Shinozaki, MD Eyal Kimchi, MD, PhD Fiona Harrison, PhD</p>
Evolving from Delirium Education to 4Ms in Acute Care with Volunteer Programs	<p>Moderator: Kathryn Agarwal, MD</p> <p>Faculty: Vanessa Parejo, MPH Holly Shui, RN Khang Tran, BS Danny Nguyen, BA Tere Jackson, BA Jennifer Pazderny, MSN, RN, CNL, CCRN, NE-BC</p>
From Confusion to Clarity: Advancing Delirium Care through Advocacy, Support, and Clinician Partnership	<p>Moderator: Kelly Drumright, MSN, RN</p> <p>Faculty: Kali Dayton, DNP, AGACNP Barbara VanMeter-Nivens Cheryl Thompson Darrell Raikes</p>

Sessions & Faculty *continued*

Session Title	Faculty
From Genes to Symptoms: Exploring Genetic and Epigenetic Pathways in Delirium	Moderator: Sarinnapha Vasunilashorn, PhD Faculty: Nadia Lunardi, MD, PhD Gen Shinozaki, MD Miles Berger, MD, PhD
Hospital Patterns and Delirium: Data Driven Insights from a Systematic Program of Monitoring Across a Large Health Care System	Moderator: George Taffet, MD Faculty: Farhaan Vahidy, MD Sara Nowakowski, PhD Alan Pan, PhD Andy Bui, PharmD Kathryn Agarwal, MD
Humanizing the ICU Experience: Elevating Patient Communication	Faculty: Carmin Bartow, MS Pamela Duvall, MS
Improving Outcomes for Survivors of Critical Illness: An Interprofessional Perspective	Faculty: Brittany Work, OTD Kirby Mayer, DPT, PhD Spencer Freeman, JD
Medical Trauma and Delirium in Infants and Toddlers: Vulnerability and Resilience in ICU Care	Moderator: Lara Nelson, MD Faculty: Nadia Zaim, MD Gabrielle Silver, MD Maria Kroupina Tasia York, MD
Music for Recovery: Development, Implementation, and Efficacy Testing of Music as a Non-Pharmacological Intervention for Delirium and Post-Intensive Care Syndrome	Moderator: Sikandar Khan, DO, MS Faculty: Ramona Hopkins, PhD Joseph Schlesinger, MD, FCCM Ruth Kleinpell, PhD, APRN-BC, FAAN, FAANP Babar Khan, MD, MS
Neuroimmune Interactions in Delirium Pathophysiology	Moderator: Niccolo Terrando, PhD Faculty: Colm Cunningham, PhD Atsushi Kamiya, MD, PhD Tatiana Barichello, PhD
NIDUS Oral Abstract Session	Faculty: TBD
NIDUS Pilot & Collaborative Working Group Presentation #1	Faculty: TBD
NIDUS Pilot & Collaborative Working Group Presentation #2	Faculty: TBD
NIDUS Symposium	Faculty: TBD
Nurse-directed ICU Diaries Designed to Facilitate Family Engagement and Lessen Delirium-related Distress	Moderator: Susan Piras, PhD, RN Faculty: Emily Stebing, BSN, RN Priscilla Fordham, ADN, RN, CCRN Amy Garrett, BSN, RN, CCRN
Opportunities and Updates from the Exploration of Novel Pharmacologic Approaches to Prevent or Treat Delirium	Faculty: Noll Campbell, PharmD, MS

Sessions & Faculty *continued*

Session Title	Faculty
Optimizing Ethical Processes in Delirium Interventions Trials for Older Adults	Faculty: Annmarie Hosie, PhD, MPallCareAgeCare, BHSci (Nurs) Meera Agar, PhD, MPallCare, MBBS John Devlin, PharmD, BCCCP, FCCP, MCCM Sharon K. Inouye, MD, MPH
Pathways to Delirium: The Role of the Immune Response in Delirium	Moderator: Sikandar Khan, DO, MS Faculty: Mervyn Maze, MB, CHB Homer Twigg III, MD
Pediatric ICU Liberation, Beyond the Basics: Overcoming Barriers and Tracking Impact	Faculty: Allison Weatherly, MD Kristina Betters, MD Jessika Boles, PhD, CCLS Kaitlyn Minchin, MS, CCC-SLP
PICU AWE: Alert, Awake, Walking and Empowered	Moderator: Lara Nelson, MD Faculty: Tasia York, MD Kristina Betters, MD
Postoperative Cognitive Dysfunction and Outcomes: Clinical Characteristics, Biomarkers, and Pathophysiology Following Cardiac and Non-cardiac Surgery	Moderator: Pratik Pandharipande, MD Faculty: Gen Shinozaki, MD Monika Sadlonova, MD Christopher Hughes, MD
Protocolization for Optimization: Improving Sedation Practices in the Pediatric ICU	Faculty: Jessica Anderson, PharmD Kristina Betters, MD Chiara Velez, MD
Social Determinants of Health and Delirium	Moderator: Edward Marcantonio, MD, SM Faculty: Sarinnapha Vasunilashorn, PhD Anu Khanna, MD Mfon Umoh, MD, PhD Roy Martin, PhD
Statistical Methods in Intensive Care Unit Studies	Moderator: Sujuan Gao, PhD Faculty: Elizabeth Colantuoni, PhD Bryan Blette, PhD
Teaching Delirium: A Review of Interprofessional Education Practices	Moderator: Marianne Klugheit, MD Faculty: Michael Duerden, MD Kaley Canova-Gaitros, DO
The Heterogeneity of ICU Delirium and its Outcomes: Ramifications for Clinicians and Researchers	Moderator: Timothy Girard, MD, MSCI Faculty: Shawniqua Williams Roberson, MEng, MD Kelly Potter, PhD, RN James C. Jackson, PsyD

Sessions & Faculty *continued*

Session Title	Faculty
Triple D: Depression, Delirium, and Dementia	Moderator: Monika Sadlonova, MD Faculty: Ben Julian Palanca, MD, PhD, MSCl C. Adrian Austin, MD, MSCR Thomas Fenzl, PhD
Validation of Artificial Intelligence based Delirium Prediction tool using Electronic Health Records	Moderator: Esther Oh, MD, PhD Faculty: Sandeep Pagali, MD, MPH Lara Magnabasco, MD, MA
What was the “Secret Sauce?” Successful Implementation of Evidence-Based Delirium Practices in Two Contrasting ICUs	Faculty: Allison Weatherly, MD Kristina Betters, MD Jessika Boles, PhD, CCLS Kaitlyn Minchin, MS, CCC-SLP
World Delirium Awareness Day: The Making, Success, and Future of a Global Campaign to End Delirium	Faculty: Heidi Lindroth, PhD, RN Chris Waszynski, DNP, APRN, GNP-BC

